

We recommend that you always consult your doctor for questions regarding your diet as Hummus & Garlic, locations and employees do not assume responsibility for a person's sensitivity or allergy to food provided in our restaurants. The allergen information provided is based on our suppliers' ingredient lists as of June 2026. Please note that normal kitchen operations may involve some shared cooking and preparation areas and utensils, and the possibility exists that your food items may come in contact with other food products, including other allergens. Products fried in a shared fryer include, but may not be limited to: French Fries, Pita Chips, Falafel, Crispy Chicken and any other test or LTO products that may be fried. Our fryer oil contains soy products.

Test and Limited Time Only ("LTO") offerings may not be listed here. Product availability and nutrition information for some menu items may vary by location. We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.hummusgarlic.com on a regular basis to obtain the most up-to-date ingredient information before ordering.

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